



Rev. Nazirmoreh

# NAHZIRYAH MONASTIC COMMUNITY NAZIR ART CRAFTS – TRUE SENSE PUBLICATIONS

## *Meditative Recordings*

*Blessings and Thanks to our Spiritual Master, Reverend Baba Nazirmoreh (ABRD)*

In Service, our Beloved Spiritual Master –

### **Reverend Baba Nazirmoreh K. B. Kedem (A.B.R.D.)**

has had gathered together a beautiful selection of meditative CD and cassette recordings for one's consciousness expansion and further spiritual development.

Each selection carries deep love and expansive spiritual intent.

Ragas, Mantras, Vedic Chants, Instrumental Meditative music

*including sitar, flute, keyboard, tabla, violin, tanpura, veena, santoor, sarod -  
chanting accompanied by instrumental music-  
morning and evening ragas, healing music for relaxation - and more...*



### **Raga Bageshwari**

(Pandit Hariprasad Chaurasia)

CD recording \$19.00; cassette \$11.00

approx. 60 minutes

Meditative flute music accompanied by tabla.



### **Raga Haripiyi Kanhra; Lalita Gauri**

(Ustad Amjad Ali Khan)

CD recording \$19.00; cassette \$11.00

approx. 60 minutes

Meditative sarod (stringed instrument) accompanied by tabla.



### **Raga Bilaskhani Todi**

(Niladri Kumar)

CD recording \$18.00; cassette \$11.00

approx. 60 minutes

Meditative sitar ragas accompanied by tabla.



## Raga Deshi

(Dr. N. Rajam)

CD recording \$18.00; cassette \$11.00

approx. 60 minutes

Meditative violin ragas accompanied by tabla, tanpura.



## Raga Hemavati

(Pandit Hari Prasad Chaurasia)

Cassette \$11.00

approx. 60 minutes

Meditative flute music.

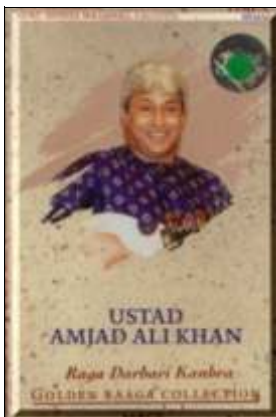


## Raga Bageshri

(Rajat Prasanna) approx. 60 minutes

\$11.00 - Cassette

Meditative flute music with tabla and tanpura.



## Raga Darbari Kanbra

(Ustad Amjad Ali Khan)

Cassette \$11.00

approx. 60 minutes

Meditative sarod (stringed instrument) accompanied by tabla.



## Raga Jaijaiwanti

(Kala Ramnath)

Cassette \$11.00

approx. 60 minutes

Meditative violin ragas accompanied by tabla and tanpura.



## "Raga Lalit" & "Bhatiyali"

(Pandit Hariprasad Chaurasia)

CD recording \$19.00 approx. 70 minutes;

cassette \$11.00

Meditative flute music accompanied by tabla.



## Vighnaharta - The Divine Destroyer of Obstacles (Prakash and Dev)

CD recording \$18.00; cassette \$11.00

Chanting with instrumental - signature prayer for peace; commentary; mantras for protection, blessings (vocals, veena, flute, tabla, pakhawaj, vibrophone, keyboard)



## Gayatri Mantra

(Jasraj, Goswami)

CD recording \$18.00; cassette \$11 approx. 60 min.

Instrumental (sitar, flute, tabla, vibrophone), vocals, chanting  
The album begins with an explanatory commentary and invocation of Gayatri, the personified Mother of the Vedas followed by the Pranayam Mantra (used for breath control) which is said to open up one's being to receive the energizing, effulgence of the Sun. Om, the seed sound, is then chanted three times to welcome this Divine power. The Gayatri Mantra follows, chanted in chorus 108 times (one rosary or mala). The album ends with an aarati or prayer, thus fulfilling the three stages of bhakti or devotion - visualization, meditation and prayer.



## Vaastu

(Shuddhi and Shanti)

CD recording \$18.00; cassette \$11.00

Vaastu means that which already exists. The album begins with a signature prayer to purify one's environment and chants for blessing; blended with commentary. This is followed by the Vaastu Purush Mantra chanted 108 times and concludes with a prayer for forgiveness.

(vocals, accompanied by meditative music)



## Mantras for Protection:

### Shatrubaadha Nivaran Mantra

(Majumdar)

CD recording \$18.00; cassette \$11.00

Chanting and instrumental; with commentary (sitar, sarod, pakhawaj, tabla, percussion)



## Morning Mantras

with commentary in English

(Sargam and Sathe)

CD recording - \$18.00; cassette - \$11.00

"Mantras to start the day with."

vocals, tabla, pakhawaj, key boards, vibraphone, flute



## Evening Mantras

with commentary in English

(Sargam and Sathe)

CD recording - \$18.00; cassette - \$11.00

Vocals, tabla, pakhavaj, vibraphone, keyboards, flute, veena



## Morning and Evening Mantras

with commentary in English

(Sargam and Sathe)

2 CD recordings in one - \$33.00

See the two listings on previous page for details



## Mantras - Dawn to Dusk

(Sargam and Sathe)

CD recording - \$18.00; cassette - \$11.00

"Morning prayers, evening prayers, night time prayers"

vocals, instrumentals



## Garbh Sanskar wellness music for pregnancy

blessing for the well being of the new arrival

(Dr. Balaji Tambe)

CD recording \$18.00; cassette \$11.00

Meditative mantras, prayers, vedic chants for child to be birthed (physical birth as well as spiritual rebirth)

vocal, veena, flute, keyboards, santoor, clarinet, percussions



## Spirit of Harmony

healing music for relaxation

(Dr. Balaji Tambe)

CD recording \$18.00; cassette \$11.00

"Healing music is the need of the times in this fast world of activity. The texts and musical compositions based on ragas, which are presented in this album, have been selected as a result of scientific research to offer relaxation for the body, mind and soul.

(Especially effective for stress relief, diabetes, hypertension and heart disorders.)"

(flute, harp, santoor, harmonium, keyboard, tabla, percussion)



## **Yoga Nidra** music for meditation and peace

(Dr. Balaji Tambe)

**CD recording \$18.00; cassette \$11.00**

"Deep sleep is a beautiful gift from nature, which everyone should be able to enjoy. The sleep in which one is totally aware and becomes integrated in mind, body and soul is known as 'Yoga Nidra'. During Yoga Nidra, the body remains in a relaxed state in Shavasana, while the awareness is consciously focussed within. With relaxation and proper sleep, the energy is restored and the body and mind are rested and refreshed. Yoga Nidra is one of the most effective techniques to achieve good sleep, a healthy body and the possibility to experience beyond. (Yoga Nidra increases love and devotion, promotes a balance of the five elements and seven chakras, offers spiritual progress and peace.)"

(flute, keyboards)



## **Yoga Nidra II** music for meditation and sleep

(Dr. Balaji Tambe)

**CD recording \$18.00; cassette \$11.00**

"Yoganidra is a guided visualization process, which combines music and commentary to bring deep mental and physical relaxation. This album builds further on the principles espoused in the album Yoga Nidra I. Whereas Yoga Nidra I focussed on application of the practice of Yoga Nidra towards meditation and peace, Yoga Nidra II focuses on applying this ancient practice to achieving better sleep and relaxation. (Yoga Nidra increases love and devotion, promotes a balance of the five elements and seven chakras, enabling wholistic healing for mind, body and soul.)"

(flute, keyboards)

For more information,  
please view Nahzirayah Monastic Community's website – music recordings section:  
<http://www.nmcnews.org/music/entrance.html>  
Or call the Monastery directly: 870-449-4381

or write -

Address: Reverend Nazirmoreh K. B. Kedem, Nahzirayah Monastic Community  
Nazir Path 970 MC 5029, Saint Joe, AR 72675

[www.nmcnews.org](http://www.nmcnews.org)  
[eemeht@mtnhome.com](mailto:eemeht@mtnhome.com)

**MAY PEACE PREVAIL ON EARTH**

*Blessings and Thanks to our Spiritual Teacher, Founder and Director of  
Nahzirayah Monastic Community/ The Nazir Order of the Purple Veil -  
Reverend Nazirmoreh (ABRD)*

*OM*



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Guided Meditations, Ragas, Mantras, Instrumental music

*including sitar, flute, tabla, tanpura, veena, santoor, mridangam, ghatam, and more -*



### Healing Meditations - Vol I

(Dr. Gulrukh Bala - Holistic Practitioner)

CD recording \$18.00; cassette \$11.00

Guided meditations accompanied by meditative music: prayer, meditation to relieve stress, meditation to realize one's goals, affirmations to transform one's life, the power of thought



### Healing Meditations - Vol II

(Dr. Gulrukh Bala - Holistic Practitioner)

CD recording \$18.00; cassette \$11.00

Guided meditations accompanied by meditative music: prayer, meditation for inner peace, meditation with healing fragrances of essential oils, harmony of chakras with sound, breath meditation, meditation to accept responsibility, deep core meditation, and more...



### Master Pieces - Ragam Harikamboji

(K. S. Gopalakrishnan)

CD recording \$18.00; cassette \$11.00

Flute music accompanied by violin and mridangam



## Raga Basant Mukhari

(Pandit Shiv Kumar Sharma)

CD recording \$19.00; cassette \$11.00

Santoor accompanied by tabla



## Master Pieces - Raga Poorvikalyani

(E. Gaayathri)

CD recording \$18.00; cassette \$11.00

Veena accompanied by ghatam and mridangam



## Narmada - Dharohar

Ragam Shankarabharanam

CD recording \$18.00; cassette \$11.00

Violin accompanied by mridangam and tanpura



## Raga Hari Kauns, Raga Darbari Kanada

Hindustani Classical

(Ustad Nasir Ahmed)

CD recording \$18.00; cassette \$11.00

Mandolin accompanied by tabla



## Dharohar 2

Raga Kaunsi Kanada, Raga Bairgi

(Sandip Chatterjee)

cassette \$11.00

Santoor accompanied by tabla and tanpuri



## Raga Bageshwari

(Shiv Kumar Sharma)

cassette \$11.00

Santoor accompanied by tabla

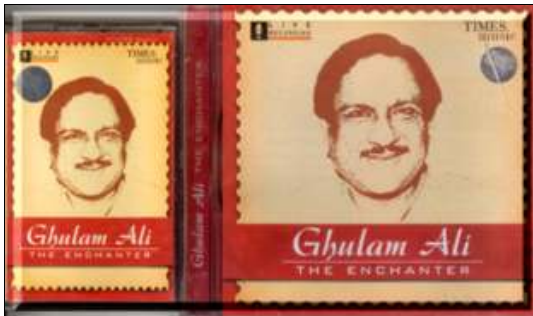


## Raga Behag, Raga Basant

(Pandit Jasraj)

cassette \$11.00

Vocals accompanied by harmonium and tabla



## The Enchanter

(Ghulam Ali)

CD recording \$18.00; cassette \$11.00

Ghazal music - vocals and instrumental



## Shree Sai Mantra

(Wadkar and Gaurinandan)

CD recording \$18.00; cassette \$11.00

Sai Mantra; Sai Aatri, Aatri - Sai Baba

"Traditionally sung in Saibaba temple in Shirdi"

Vocals/ instrumental



## Bhajanamrit -

A musical manifestation of divinity

(Jaspinder and Micky Narula)

CD recording \$18.00; cassette \$11.00

Vocals/ instrumental



## Shiv Dhun

(Rattan Mahan Sharma)

CD recording \$18.00; cassette \$11.00

"Om Namah Shivay, it is believed, is the simplest and yet the most potent chant to evoke the blessings of Shiva, the creator and protector of the Universe, the supreme source of all worldly and divine pleasures. A repetition of this chant, Shiv Dhun, is a melodious way to invoke Shiva's blessings and unite one's soul with the world of Divine."

Vocals, sitar, bansuri, tabla, vibraphone



## Jyotirling

(Jasraj, Narayan, Mahadevan, Wadhar, Rathod)

CD recording \$18.00; cassette \$11.00

Om Namah Shivay; Rudra Rudra; Jyotirling;  
Ravan Stuti; Tandav

Vocals/ instrumentals



## OM Namah Shivay

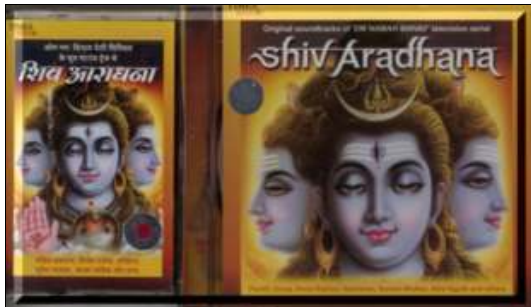
(Wadkar and Gaurinandan)

CD recording \$18.00; cassette \$11.00

Shree Shiv Sankirtan;

Aatri - Om Jai Shiv Omkaara (traditional)

Vocals/ instrumental



## Shiv Aradhana

(Jasraj, Rathod, Hariharan, Wadkar, Yagnik)

CD recording \$18.00; cassette \$11.00

Vocals/ instrumental

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